



Rookhow's Retreat Away Fund

[ROOKHOW](#) is a Quaker charity in the quiet Rusland Valley, about 15 minutes from Ulverston, consisting of a 16 bed bunkbarn, historic Meeting House for group space, a yurt in the woods and 2 campfires set in 12 acres

of magical oak woodland. Our Retreat Away Fund subsidises residentials and therapeutic work with vulnerable people.



So far we have been able to support 30 groups and over 400 people, including refugee groups, LGBTQ+ youth groups, people dealing with trauma and abuse, mental health support groups, drug and alcohol recovery and organisations supporting families on low incomes. After using up a grant from the Quaker Mental Health fund UK, Rookhow trustees have now committed to adding 5% of bookings income into the pot and we have had some generous donations from individuals and local Quaker Meetings to continue the fund.

Next round's deadline will be

27th September 2023

The fund would pay for part (or all) of your accommodation costs* 2 night minimum, mid-week or weekend or day use of the meeting space and woodland.



Staffing, transport, food and activities would be organised and paid for by your own organisation. Space for up to 30 to stay on site (16 in bunkbarn-beds; 4 in yurt and 10 on Meeting House floor/ camping). You would be greeted by us, but then have the place to yourselves.

Check our website for more information about Rookhow & availability calendar rookhow.org.uk & fill in the application form.



Please contact us if you would like to discuss this further or if you have any questions. We would be happy to show you round and have a chat about your application and the needs of your group before you apply. We can also pencil dates in the calendar if there is a particular time you'd like to stay.

** £460 per night sole use or £120 per day for just the use of Meeting House and woodland. You can apply for 100%/ 75%/ 50% or 25% funding.*



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Rookhow is a registered charity No 1188409



ROOKHOW

Quaker Meeting House and Bunkbarn