

# NEAREST

**SUPERMARKET**: Booths, Ulverston LA12 7LY 8 miles (17mins car)

**PETROL STATION**: Newby Bridge, LA12 8ND 7am-9pm 7 days.  
Also grocery shop, newspapers. 7 miles (17mins car)

**BAKERY, CAKES, BURGERS** : Bakehouse Born & Bread,  
Greednodd. LA12 7QZ Tel 01229 861265. 5 miles (15 mins car).

Fresh bread, sourdough, cakes, pies, burgers & chips. Sit in for a meal or take out.

## **PUB**:

**The Eagles Head**, Satterthwaite LA12 8LN 2 miles (5 mins car). Turn left out of Rookhow Serves meals. Monday-Thursday 5pm -11pm, Friday-Sunday 12noon-11pm.

**Manor House**, Oxen Park, LA12 8HG 2 miles (5 mins car). Turn right out of Rookhow. Serves meals.

**FISH & CHIP SHOP**: Crakeside Fish & Chils, Greenodd LA12 7RT 5 miles  
(15 minutes car)

**ICE CREAM SHOP**: The Handmade Ice cream company, Greenodd LA12  
7RT

**A & E/ HOSPITAL**: Furness General Hospital, Barrow in Furness, LA14  
4LF 01229 870870 16 miles (30 mins car)